

Cruise SEMINARS

THE DETERIORATING PATIENT

Detection, Assessment and Treatment

PRESENTED ON BOARD

Royal Caribbean International

10-Night Cruise to New Zealand

OVATION OF THE SEAS

12 - 22 FEBRUARY 2023

20 CPD HOURS



Photo: Greg Schechter

www.cruiseseminars.com.au

THE DETERIORATING PATIENT

Detection, Assessment and Treatment

Overview

The awe-inspiring beauty of New Zealand awaits as you cruise for 10 nights on board Royal Caribbean International 'Ovation of the Seas' while participating in our course - **The Deteriorating Patient – Detection, Assessment and Treatment**. This popular course will be presented by Colette Foudy and Gail Forrest - two highly respected health care professionals.

A deteriorating patient is often preceded by observable physiological and clinical abnormalities. This course will cover many aspects of common medical emergencies including the most effective way to detect, assess and treat them while also escalating care appropriately.

A total of **20 CPD HOURS** is available in this course for nurses and paramedics

This course is recommended for nurses and paramedics and will provide the participant with the required knowledge and skills to manage a deteriorating patient. Education sessions include interactive presentations, case studies and simulations.



Key Learning Objectives

At the end of this course the participant should be able to:

- Explain the importance of the early detection, assessment and treatment of a deteriorating patient.
- Systematically assess a patient during a medical emergency using the ABCDE approach.
- Develop a systematic approach to assessment of a patient presenting with symptoms of stroke, sepsis, anaphylaxis, asthma, delirium, shock or respiratory failure.
- Recognise the importance of teamwork, leadership and communication during a medical emergency.

Continued over..

MEET YOUR PRESENTERS

THE DETERIORATING PATIENT

Detection, Assessment and Treatment

Cruise Seminars is proud to introduce Colette Foudy and Gail Forrest as presenters for our Deteriorating Patient course. Both are highly accomplished and dedicated healthcare professionals who together will bring their knowledge and experience to this event to ensure a thoroughly educational, interactive and enjoyable experience for all participants.



COLETTE FOUDY BNProfHons, RN, MClInNurs, Cert IV Education & Teaching

Colette is a Critical Care Nurse Educator at St George Private Hospital Sydney and has 25 years critical care experience in Australia and the UK. Within this role she has been responsible for the development and implementation of education programs including Critical Care Nursing Foundation, NSQHS Standard 8 Recognising and Responding to Acute Deterioration education, Basic and Advanced Life Support and Resus4Kids.

Colette is also an experienced Australian Resuscitation Council (ARC) Course Director, regularly teaching BLS, ALS1 and ALS2 courses. Colette is passionate on educating staff of the early detection and management of clinical deterioration to improve patient outcomes. In her current role as ICU Educator, Colette is also able to positively influence clinical practice at the bedside and is a fierce advocate for patient-centred care.



GAIL FORREST BN, MResEd, GradCertHEd, Cert IV in Training & Assessment

Gail is an experienced leader and educator in interdisciplinary healthcare education. Her experience in health care education spans more than two decades and involves multi-professional education across a variety of tertiary higher education and clinical health sector settings. Gail is passionate about improving the quality and safety of patient care through developing and delivering excellence in clinical education and believes in creating a culture of learning in healthcare.

Gail initially trained as a Registered Nurse in the UK and has worked in a variety of critical care settings including Emergency, Intensive Care, and Coronary Care. She has been an Instructor for the Australian Resuscitation Council for many years and remains a Course Director for the ARC ALS level 1 and 2 courses. Gail currently works as Senior Manager Clinical Education Strategy, Research and Evaluation at the Health Education and Training Institute, NSW Health. Gail's qualifications include a Masters of Research in Educational Research, Graduate Certificate in Higher Education and Cert IV in Training & Assessment and is currently studying her PhD at Deakin University.

ITINERARY AND CONFERENCE SESSIONS

THE DETERIORATING PATIENT

Detection, Assessment and Treatment

Presented on board

OVATION OF THE SEAS

10 night cruise to New Zealand

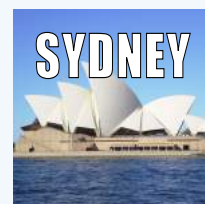
12 - 22 FEBRUARY 2023



12 February 2023 (Sunday)



Sydney - embarkation. Welcome Aboard!



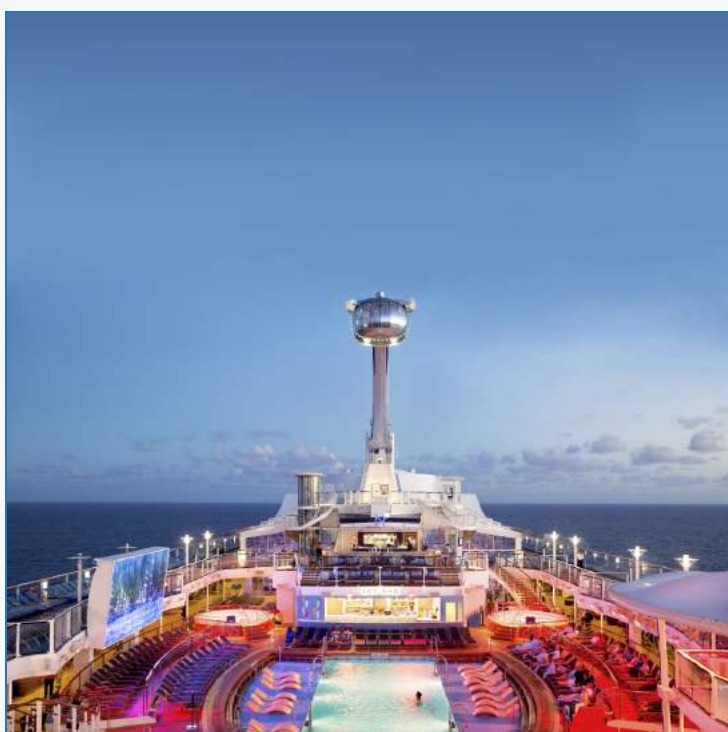
Guest Welcome Reception and Course Registration

Upon boarding the ship, meet your Cruise Seminars host and presenters at our Welcome Desk to register for the event. You'll also receive a complimentary Cruise Seminars tote bag, lanyard, notepad and pen! Now settle in, explore this magnificent ship and enjoy our departure from Sydney as we set sail to spectacular New Zealand.



18:45 Ovation of the Seas departs Sydney. Bon voyage!

Continued over..



North Star™ observatory



Chops Grille Restaurant



09:00-12:00 Morning Education Sessions (3 CPD hours)



Welcome and Introduction

Our presenters will commence by getting to know a little about the delegates before giving a brief overview of the course content that will be presented over the coming days.

Between The Flags

Patients in hospital and community settings can deteriorate unrecognised and without an adequate response. Between The Flags has been in use since January 2010 which uses vital sign thresholds for staged escalation and response by the most appropriately trained clinicians. This idea of early recognition of deterioration came from the pioneering work of Professor Ken Hillman, who developed a simple, but innovative system at Liverpool Hospital, NSW in the late 1980s.

The A-E Approach to a Deteriorating Patient

The A-E assessment is a simple method that allows for a structured approach to a deteriorating patient. In this session we will take you through this assessment showing how abnormalities are detected, prioritised and treated.



Includes morning tea break and discussion



Teamwork, Communication and Leadership in Health Care

Poor teamwork and communication are a factor in up to 80% of adverse or near-miss events in hospitals. These deficiencies are often highlighted during medical emergencies. Structured communication tools, rapid response systems, patient/family activated care are vital in ensuring our patients receive the most appropriate care. In this session we will explore the concepts of teamwork and communication with a game, watching a short documentary and then discussion.



12:00-13:00 Lunch

13:00-15:00 Afternoon Education Sessions (2 CPD hours)



Cardiac Monitoring and ECG Analysis

This session will take you through the indications for cardiac monitoring, how to monitor the ECG effectively, basic physiology of the ECG and the 6-stage approach to ECG interpretation.

Acute Coronary Syndrome

In this session, we'll look at the processes that causes acute coronary syndrome (ACS). Included in this discussion will be the different types of ACS, recognising and assessing a patient with ACS, and the relevant and immediate treatment regimens for each different types of ACS.

Continued over..



09:00-12:00 Morning Education Sessions (3 CPD hours)



Sepsis

What is sepsis and septic shock? We'll discuss why sepsis is dangerous and how to identify these patients using the A-E Approach. Included in this session is a discussion on 'The Sepsis Six' and why they are important.

Delirium

Delirium is a medical emergency and is often multi-factorial in origin. We will look at the common causes of delirium, how to investigate, and discuss several case studies.



Includes morning tea break and discussion



Asthma

Asthma is a common condition in Australia. In this topic, we'll look at assessing and treating a patient with asthma and recognising the signs and symptoms of acute, severe, life-threatening asthma. We'll also discuss the reversible causes of a cardiac arrest due to severe asthma.



12:00-13:00 Lunch

13:00-15:00 Afternoon Education Sessions (2 CPD hours)



Arterial Blood Gases 101

In this session we will discuss the terms used to describe arterial blood gas analysis and its role in the deteriorating patient. A simple approach to the interpretation of blood gases will be presented in the context of common clinical presentations.

Between the Flags: 12 Years in Practice

Yesterday we looked at the theory of 'Between the Flags' and now we'll see how it works in practice. Data from the Mater Hospital at North Sydney will be presented which will show how the implementation of Between the Flags has markedly improved a deteriorating patient's outcome.



Self-Directed Learning (4 CPD hours)

You will be provided with case studies to be read and activities to complete at your leisure during the next few days. The case studies will be discussed on the next sea day when we re-group.



Evening: Exclusive and complimentary cocktail party for all course participants. Food and drinks provided (both alcoholic and non-alcoholic), courtesy of Cruise Seminars!

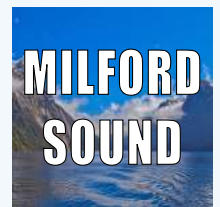
15 February 2023 (Wednesday)



Milford Sound, New Zealand

08:00 - 09:00 (cruising)

The Maori believed a divine mason carved Milford Sound. The fjord is a geological wonder of the ice age, where waterfalls cascade over sheer cliffs into the dark waters below and mountains dominated by Mitre Peak reach towards the sky.



Doubtful Sound, New Zealand

13:00 - 14:00 (cruising)

You can only experience the grand scenery and tranquility of this magnificent fjord by boat. Doubtful Sound sustains an amazing array of wildlife. In the rainy season, its steep hills are covered with hundreds of waterfalls.



Dusky Sound, New Zealand

16:00 - 17:00 (cruising)

Part of New Zealand's Fiordland National Park, Dusky Sound was long the site of Maori camps but few permanent settlements. Captain Cook spent five weeks exploring the dramatic coastline that edges the mountainous wilderness.



16 February 2023 (Thursday)



Dunedin, New Zealand

Arrive 09:00 Depart 19:00

Dunedin proudly celebrates its Scottish heritage but gold-rush fortunes are behind its grand Victorian and Edwardian architecture. From here you can also explore the Otago Peninsula, home to penguin colonies and scenic coastline.



17 February 2023 (Friday)



Lyttelton (Christchurch), New Zealand

Arrive 08:00 Depart 17:00

Christchurch is just a 20-minute drive from the Lyttelton cruise port. Visit Christchurch and stroll through beautifully manicured Hagley Park or see Maori artefacts at the Canterbury Museum.



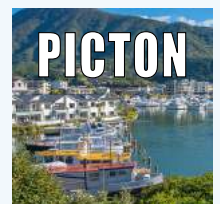
18 February 2023 (Saturday)



Picton, New Zealand

Arrive 08:00 Depart 17:00

The seaside town of Picton is your base for exploring the beautiful scenery, pristine waters and wildlife of the Marlborough Sounds. A short drive brings you to sunny Blenheim, heart of Marlborough's acclaimed wine region.



19 February 2023 (Sunday)

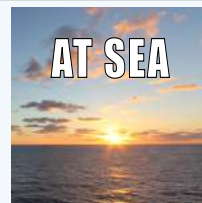


Wellington, New Zealand

Arrive 08:00 Depart 17:00

Wellington embraces its reputation as a cool 'little' capital. The city centre is compact but there's no shortage of big-city culture. The charm extends to the surrounding green hillsides while countryside and rugged coast are within easy reach.





09:00-12:00 Morning Education Sessions (3 CPD hours)



Case Studies: Coroner’s Court

Every hospital-based death referred to the State Coroner’s courts has been found to have at least one of the following four issues contributing to the death: Vital signs not checked at the appropriate frequency; abnormal vital signs not acted upon; patient/family concern ignored and poor documentation. We will review cases and discuss important lessons to be learnt from each one.



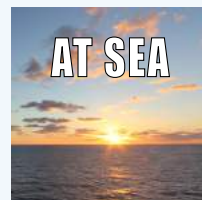
Includes morning tea break and discussion



Acute Stroke

Prompt detection, assessment and transfer of a patient to an appropriate facility provides the best outcome for a suspected stroke. We will discuss the different ways that strokes may present and cases where the outcome was clearly linked to the escalation of appropriate care.

The afternoon is at your leisure!



09:00-12:00 Morning Education Sessions (3 CPD hours)



Advance Life Support (theory only)

After a cardiac arrest, only two interventions have been shown to increase survival to discharge from hospital - high quality CPR and early defibrillation. In this presentation we will run through the latest Australian Resuscitation Guidelines. Confirmation of arrest, external cardiac compressions, ventilation, defibrillation (AED & manual mode) and emergency drugs will be discussed.

Anaphylaxis

We'll identify anaphylaxis using the A-E Approach and the importance of calling for help, along with the definitive first-line management with IM adrenaline.



Includes morning tea break and discussion

Shock

Shock is a clinical state with characteristic signs and symptoms which occurs when there is an imbalance between tissue oxygen demands and supply. Regardless of the cause, shock has a universally poor outcome unless it is detected early and treated appropriately and aggressively. We will look at and discuss the different causes of a shocked state and treatment guidelines.

The afternoon is at your leisure!



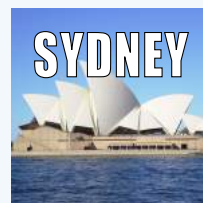
Evening: Farewell group dinner (subject to availability)



Arrival in Sydney

Arrive 06:30 (approx.)

We trust you have enjoyed this Cruise Seminars event and we wish you a safe onward journey home.



YOUR CONFERENCE VENUE - OVATION OF THE SEAS



Marvel at one of Royal Caribbean International's newest ships - Ovation of the Seas. Launched in 2016, the Ovation of the Seas offers guests a variety of unique activities, entertainment and dining options. Experience the North Star for panoramic views 90m above the water, be amazed at the Bionic Bar as robotic arms mix your favourite drink or indulge in mouth-watering food at Jamie's Italian restaurant. Ovation of the Seas has it all!

SHIP HIGHLIGHTS*

- Multiple dining options including Jamie's Italian, American Icon Grill, Coastal Kitchen, Chops Grill plus much more!
- More than 7 bars including the Bionic Bar powered by Makr Shakr®, multiple lounges and entertainment venues
- North Star: Take yourself to new heights with the jewel-shaped capsule that gently ascends over 90 metres above sea level giving breathtaking 360° views of the sea
- A choice of pools including an adults-only solarium pool - a glass canopied retreat
- Indoor pool with retractable roof
- 67 metre outdoor poolside cinema screen

*Some dining options and activities may incur an additional fee

FAST FACTS

Maiden Voyage: 2016

Decks: 16

Staterooms: 2,091

Restaurants: 21

Pools: 2 indoor, 2 outdoor

Length: 347m / 1,138ft

Tonnage: 168,666 GRT

Cruising Speed: 22 knots



BOOKING INFORMATION

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We have selected a limited number of staterooms on board the ship in various categories. Choose an inside room for the best value, an ocean-view room for panoramic vistas, or indulge in a balcony room and relax in your own private sitting area.

Bring your family and friends! Guests who are not participating in the course only pay the cruise fare component.

Please refer to our website at
cruiseseminars.com.au
for pricing and availability.

Milford Sound, New Zealand

Photo: Greg Schechter

HOW TO REGISTER & BOOK

Book this cruise and course in 3 easy steps:

- 1 Visit Cruise Seminars at **www.cruiseseminars.com.au**
- 2 Locate the course in the **Events** menu then click on the **Booking Request** button to enter your details.
- 3 A representative from our booking partners at **Ecruising** will contact you to assist with your cruise booking. The course fee is invoiced separately and is payable when your final cruise payment is due.*

SCAN TO BOOK!



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Cruise SEMINARS

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Cruise bookings managed by

ecruising.travel

📞 1300 369 848

*The cruise must be booked through Ecruising.travel. A separate invoice will be provided by Cruise Seminars for the course fee. Cruise cabins and seats in the course are limited and subject to availability. Conditions apply. Cancellation fees may apply. Refer to website for details. Information in this brochure correct at time of publishing and is subject to change without notice.